



ERASMUS+ PROGRAMME  
KEY ACTION 1 - ERASMUS BIP



# LIVING THE PANDEMIC COVID-19 EXPERIENCE AS A NURSING STUDENT ACROSS EUROPE: WHAT ARE THE LESSONS LEARNED AS INDIVIDUAL AND FUTURE NURSES?

The Universities of Udine (Italy), Ioannina (Greece) and Lisbon (Portugal) present their first Blended Intensive Programme Erasmus+, a short-term transnational intensive study program in person and on line.

**June/September 2022**

**IN PERSON AT UDINE (ITALY) FROM 25/07 TO 29/07**

The COVID-19 pandemic led people to change their habits, their views of reality and their usual ways of staying in contact and in relationship to each other. These challenges have tremendously affected all citizens in all countries and, consequently, also greatly altered students' daily lives, individually, socially and educationally. In this context, the Blended Intensive Programme aims to promote (a) increasing students' preparedness to the current and the future pandemics; (b) promote effective coping strategies and the capacity to deal with the current and the future challenges; and at (c) deal with the stress perceived as a student, in a context not able to ensure positive, calm, and stable clinical environments due to the continuous changes required by the pandemic waves.



**UNIVERSITÀ  
DEGLI STUDI  
DI UDINE**  
hic sunt futura

**U LISBOA**

UNIVERSIDADE  
DE LISBOA



**UNIVERSITY  
OF IOANNINA**

For further information, consult the website [www.uniud.it](http://www.uniud.it)



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### SCHEDULE

#### July 25 - 2022

##### DEPARTMENT OF MEDICINE, UDINE UNIVERSITY (9:00-16:00)

Welcome to Udine University: presentation of the Nursing Degree Courses and presentation of the students participating in the Blended Intensive Program.

The epidemic onset in each country: exploring the epidemiological and health care system impact from the perspective of the clinical and health care professionals.

#### July 26 - 2022

##### UDINE ACADEMIC HOSPITAL (9:00-15:30)

Planned visit to the "Santa Maria della Misericordia" Academic Hospital and Simulation Centre.

#### July 27 - 2022

##### UDINE ACADEMIC HOSPITAL (9:00-10:30)

The COVID-19 pandemic: the psychological aspects.

##### DEPARTMENT OF MEDICINE, UDINE UNIVERSITY (11:00-16:00)

Stressful events and useful management interventions.

What the pandemic has learned us: the clinical and health care professionals point of view.

#### July 28 - 2022

##### DEPARTMENT OF MEDICINE, UDINE UNIVERSITY (9:00-13:00)

Reflective session: how students lived their experience as individuals and nursing students during the pandemic.

##### UDINE (14:00-17:00)

Overview on the cultural dimensions of the city and the local context.

#### July 29 - 2022

##### DEPARTMENT OF MEDICINE, UDINE UNIVERSITY (9:00-13:00)

Presentation of group work, reflective diaries.

#### July 14 & July 18 - 2022

##### ONLINE (15:00-18:00)

The online part aims to:

- (a) introduce the objectives of the Blended Intensive Program.
- (b) Provide the main theoretical concepts concerning the topics that will be covered within the Blended Intensive Program.



Scan for the detailed schedule and further information about the Blended Intensive Program Erasmus+.

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